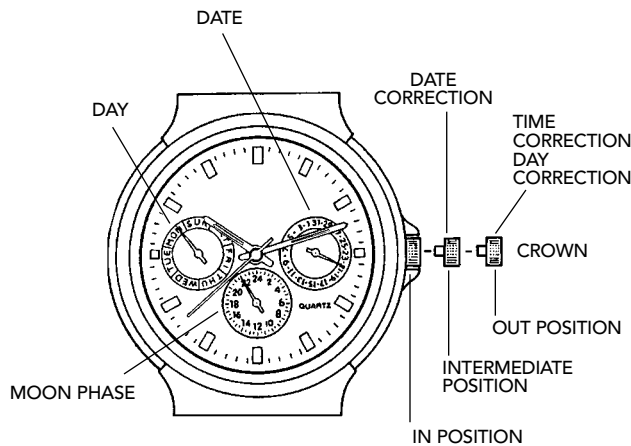


Technical Letter

BOOK NO. 574

CALENDAR MOONPHASE

This diagram will simplify following the step-by-step setting instructions. Match it to the face of your new watch. Note that the DAY dial is at 9 o'clock, the DATE dial is at 3 o'clock, and the MOONPHASE dial is at 6 o'clock. The watch CROWN has three specific positions. You will hear a "click" when the crown is pulled out (or pushed back) from one position to another. Once the watch is set properly, except for date variations or time zone changes, adjustment is rarely, if ever, required.



SETTING THE TIME AND DAY

Step 1. When the second hand reaches 12 o'clock (the zero or 60th second mark), pull the crown all the way to the "OUT" position (you will hear two "clicks"). All hands will stop.

Step 2. Turn the crown to move hands FORWARD (clockwise) until the day indicator jumps to the center of the day desired (SUN, MON, etc.). This establishes midnight, the beginning of the day.

Step 3. For AM time, continue to move hands forward until the minute hand is approximately 5 minutes beyond the desired minute marker; then, gently turn back to the same marker. For PM time, follow the same procedure, but first advance the hands past 12 o'clock.

NOTE: The date will advance automatically at midnight, provided that AM and PM have been established (Steps 2 and 3). The watch calendar is programmed for a 31-day cycle. Therefore, on the first day of any month following a month with fewer than 31 days, the date must be advanced manually.

Step 4. When the time standard by which you are setting your watch (e.g., telephone beep) reaches the 60th second, push the crown all the way to the "IN" position. All hands will start instantly.

SETTING THE DATE AND MOONPHASE

Step 1. To set the date, pull the crown to the "INTERMEDIATE" position (one "click"). Turn the crown TOWARD YOU (counterclockwise) to set the correct date.

Step 2. To set the Moonphase Indicator, turn the crown away from you. The correct phase of the moon for a specific date can be found in newspapers, periodicals and websites. It can be set more accurately during the periods of the "full moon" and the "new moon".

NOTE: The date should never be changed manually between 9:00pm and 3:00am as this might affect the calendar mechanism and the accuracy of the date. (The mechanism will not be damaged if the crown is turned accidentally during this time period, however.)

Step 3. Push the crown to the "IN" position. Your watch is now operating normally.